

LMC ViewPoint

The newsletter of Leeds Local Medical Committee Limited

10th January 2023

General Practice workload pressures

Dr Kieran Sharrock, GPC England acting chair, issued a New Year message to the profession last week. In he said: "General practices have never been so busy, with over [31 million appointments](#) carried out in November, fifteen percent more than in November 2019, and this with fewer and fewer GPs as shown in the November [GP workforce figures](#), with a fall of 77 full-time equivalent fully-qualified GPs in England between October and November, and 471 in the 12 months to November.

The Government has now overseen the loss of the equivalent of more than 1,900 full-time fully-qualified GPs in England since 2015, and that almost a quarter of this loss happened in the last 12 months alone – the biggest annual fall in almost three-and-a-half years – speaks volumes to the intense pressures that practices and staff are under. With workload demands soaring, and financial stresses on practices bearing down, alongside the impact of punitive pension rules, many GPs are having to take the difficult decision to reduce their hours or leave altogether to protect their wellbeing.

Fewer GPs means patients are suffering. Many of those working in general practice are doing unsafe levels of consultations with the risk of making mistakes if we try to work beyond our mental and physical capacity. This could lead to burn out and harm our own health if we continue to work in this way.

The BMA GP committee has produced further [guidance to help practices](#) to deliver for patients and keep doctors safe.

The NHS in general is at breaking point, and this is putting untold pressure on general practices. We need investment in traditional general practice. This is what patients want. This is what GPs and practices want."

Industrial Action update

The Royal College of Nursing has announced that it will be holding strike action on Wednesday 18 and Thursday 19 January 2023 between 8am – 10pm each day. In addition, Unison and GMB have announced strike action to be held on Tuesday 11 January and Monday 23 January for ambulance staff, including patient transport services, paramedics, crews and call handlers, including those covering 111.

Current information suggests that similarly to the December action calls to ambulance services from general practice teams for Cat 2, 3 and 4 may not be responded to. In addition, 111 call services are likely to be significantly impacted, although the online service will remain in place. This situation may change depending upon industrial action negotiations, however current advice from the ICB is that on days where there is ambulance industrial action general practice staff calling on behalf of patients should only call 999 if it is a life threatening medical or mental health emergency.

NHS 111 call handling services will be impacted by the industrial action and so staff are encouraged to direct patients to the 111 online service, community pharmacy and alternative local services, for advice, where appropriate, rather than 111 phone line.

NHS Priorities and Operational Guidance 23/24

As usual, NHS England published its annual [NHS Priorities and Operational Guidance 23-24](#) just before Christmas. This contains a range of priorities for the whole NHS, including specific goals for general practice. This includes:

- Make it easier for people to contact a GP practice, including by supporting general practice to ensure that everyone who needs an appointment with their GP practice gets one within two weeks and those who contact their practice urgently are assessed the same or next day according to clinical need
- Continue on the trajectory to deliver 50 million more appointments in general practice by the end of March 2024
- Continue to recruit 26,000 Additional Roles Reimbursement Scheme (ARRS) roles by the end of March 2024
- Ensure 75% of people aged over 14 on GP learning disability registers receive an annual health check and health action plan by March 2024
- Increase the percentage of patients aged between 25 and 84 years with a CVD risk score greater than 20 percent on lipid lowering therapies to 60%
- Increase percentage of patients with hypertension treated to NICE guidance to 77% by March 2024
- Reduce unnecessary GP appointments and improve patient experience by streamlining direct access and setting up local pathways for direct referrals
- Transfer lower acuity care away from both general practice and NHS 111 by increasing pharmacy participation in the Community Pharmacist Consultation Service.

NHS England will publish the General Practice Access Recovery Plan in the new year which will provide details of the actions needed to achieve the goals above. In addition, once the 2023/24 contract negotiations have concluded, they will also publish the themes they are looking to engage with the profession on that could take a significant step towards making general practice more attractive and sustainable and able to deliver the vision outlined in the Fuller Stocktake, including continuity of care for those who need it. The output from this engagement will then inform the negotiations for the 2024/25 contract.

Practice expenses survey to support BMA negotiation

After much delay caused by Government and ministerial turmoil in the latter part of 2022, GPC have now started annual contract change negotiations with NHS England and the Department of Health and Social Care. One of GPCEs priorities for these negotiations is to secure support for practices to help with inflationary pressures and minimum wage rises. To achieve this we have presented evidence to NHSEI developed from a survey we ran in October 2022 and some associated case studies. Whilst we got some responses from you, the sample base was relatively low. However, we know that rising cost inflation is impacting practices even more today than it was back then, we expect this to continue getting worse and we really need to be able to demonstrate this. Despite the dire situation for some practices, national policy and decision makers will not act without compelling evidence; this is where you come in.

We know how extremely busy you all are but your help here could really make all the difference to the outcome of national discussions. We therefore ask your practice to take 10 minutes to please [complete our short survey](#). This will almost certainly be one of the most important surveys you fill in this year and it could have a direct impact on practice income. The more respondents we have the more strength any arguments on the impact of inflation will have.

By completing this survey practices will be actively supporting the BMA GP committee England to secure positive and helpful changes in the GP contract for 2023/24. Nearly all the questions are voluntary – apart from the practice code one, which we use to avoid getting duplicate responses from the same practice and to ensure data credibility – so even if you cannot complete all the questions in the survey, please complete those that you can.

Hear from [Richard van Mellaerts](#) about how to complete this survey

Please [complete our survey](#) as soon as you can. Our closing date is 9am on Monday 16th January 2023.

CQC inspection arrangements

CQC have [announced](#) that they have delayed implementation of their new regulatory approach. They had said that they would introduce a new assessment approach for providers in January 2023. However they have now decided this will not happen until later in 2023, and probably towards the end of the year. They will continue to complete monthly reviews of services, based on information they know about them, which in some cases will indicate they may need to take further regulatory action.

GP Retention survey and focus groups

NHS England have launched a [GP retention survey](#) alongside a form for registering to participate in focus groups on GP retention. They want to understand the impact existing approaches to recruitment and retention have had to feed into future proposals for support for GPs and others working in general practice. This includes improving their understanding of the experience of GPs and other general practice workforce with protected characteristics and underrepresented groups, so they can identify any disparities in experience and any adjustments required to meet their needs.

Links to the survey and focus groups form can be found [here](#). As the survey was launched over the Christmas period, there is less than a week to complete it, with 11 January being the last day for submissions. The focus groups will take place between 16 and 27 January.

Wellbeing

As we continue to face overwhelming pressures in general practice, we encourage practices to focus on their own team's wellbeing. The BMA offer a range of wellbeing and support services that are available to doctors, including a 24/7 confidential [counselling and peer support services](#) and networking groups and wellbeing hubs with peers.

The [NHS practitioner health service](#) is available to access at any time. The organisation [Doctors in Distress](#) also provides mental health support for health workers in the UK, providing confidential peer support group sessions.

The BMA have produced a [poster with 10 tips to help maintain and support the wellbeing](#) of you and your colleagues. Please also visit the BMA's dedicated [wellbeing support services page](#) for further information.

Diabetic Eye Screening Procurement outcome letter

Please find attached a letter confirming the outcome of the Diabetic Eye Screening Programme procurement which recently took place in West Yorkshire. InHealth Intelligence Ltd will be the new provider and the new services will commence on the 1st April 2023.

Dr Mahendra Bhatia

We were sorry to learn of the death of Dr Mahendra Bhatia, who worked at New Cross Surgery. Dr Bhatia will be much missed by his patients. We offer our sincere condolences to his family and colleagues.

PRACTICE VACANCIES

****PLEASE BE AWARE THAT WE ARE NOW ADVERTISING PRACTICE VACANCIES ON THE LMC WEBSITE - [Leeds LMC: Jobs](#)**

Priory View Medical Centre – Senior Administrator

Supporting the Practice Manager to provide key operational support to ensure the delivery of quality patient focussed services. Having particular focus on;

- understanding key contracts and delivering outcomes,
- management and delivery of projects,
- ensuring compliance with information governance legislation, and
- managing reception rotas and providing supervision to ensure the smooth running of the reception team.

Closing date 13th January 2023

Link to NHS Jobs is [here](#).

Foundry Lane Surgery – Receptionist

Foundry Lane Surgery is looking to appoint a part-time receptionist to join their friendly team.

Working 14 hours per week PLUS ad-hoc hours to cover sickness / annual leave (Tuesday 1pm-5pm, Thursday 1pm – 6pm & Friday 7.45am-12.45pm)

Rate of pay £9.50 (rising after probation period)

Previous experience of working in a GP practice, or similar role, would be beneficial. However, full training will be provided for the right candidate.

Please contact K Harvey Michaela.harvey@nhs.net
<https://www.foundrylanesurgery.nhs.uk/>

NHS Jobs ref number A3287-22-9897

Closing date – 13.1.23

Armley Medical Practice – Salaried GP

Due to a growing list size we have an exciting opportunity to join our friendly team at Armley Medical Practice. We are an expanding inner city training practice of over 16,500 patients; using EMIS as our Clinical System..

We are looking for a salaried GP to join our clinical practice team consisting of 6 GP Partners, 7 Salaried GPs, GP Trainee, 2 ANPs, 5 Practice Nurses, a Frailty Practice Nurse and 3 HCAs.

We have a friendly, supportive, and highly motivated team with regular clinical and administrative support; we offer a competitive salary and indemnity paid and 30 days annual leave (pro-rata). Applications will be considered for full or part time.

We work closely with two other practices within LS12 which form Armley Primary Care Network, employing staff that work across the 3 practices including, Social Prescribers, Frailty Team, Pharmacists, First Contact Physio, and a Men's Mental Health Worker.

For more information on the role or to visit practice, please contact Linda Thompson Practice Manager on 0113 2244696 or email linda.thompson24@nhs.net

Applications via CV to linda.thompson24@nhs.net

Closing date 31.1.23

Salaried GP and/or long term locum GP to cover maternity leave – Allerton & Westfield Medical Centres, LS7.

Allerton & Westfield Medical Centres are looking to recruit a salaried GP for 4 sessions and/or a long term locum GP to cover a year of maternity leave (4-8 sessions).

Vacancies on NHS Jobs:

Salaried GP: [Job Advert \(jobs.nhs.uk\)](https://jobs.nhs.uk)

Mat Leave Locum: [Job Advert \(jobs.nhs.uk\)](https://jobs.nhs.uk)

Please send your CV to lindsay.gollin@nhs.net to apply or contact 07947 973976 for further information.

Medical Secretary – Alwoodley Medical Centre

Required for extremely busy medical practice. Must be IT literate, friendly, enthusiastic, with typing skills and the ability to multi – task. Previous experience in a similar environment would be an advantage but is not essential.

Full or Part-time hours will be considered.

Apply in writing with CV to: Alwoodleymedicalcentre@nhs.net

Previous applicants need not apply.

Closing date – mid March 2022

Aire Valley Surgery - Salaried GP Vacancy - Permanent position / Sessions per week: 4-6 sessions per week

Start Date: April 2023

Aire Valley Surgery is a training practice with two sites, and everyone works across both sites at Rawdon, LS19 6DD and in Yeadon LS19 7JN. We are looking for a highly motivated doctor to join our growing team as a Salaried GP.

Our 'big practice with a small friendly team approach' is increasing capacity and we are looking for a new Salaried GP to join our team. We currently have 6 partners, 6 Salaried GPs and our clinical team also consists of 2 ANPs, 1 Physicians Associate, 2 Practice Pharmacists, 3 Nurses, 3 HCAs, and a Care Coordinator supported by a fantastic management and admin team.

Aire Valley Surgery is a training practice, which means that we have a regular intake of Medical Students (years 1,2 and 3) in addition to our GP Registrars and FY2 doctors.

Aire Valley Surgery participates in a range of projects and enhanced services and works with Yeadon Primary Care Network.

- List size of approximately 14,500
- 6 Partners – Dr Chris Mills, Dr Elaine James, Dr Adrian Rees, Dr Sumana Reddy, Dr Catrin Lewis, and Dr Jon Yardley
- System One and operating a triage software system through AccuRx
- There is no requirement for any extended Hours work

We offer a competitive salary and the BMA model contract for salaried GPs.

Potential applicants are encouraged to arrange an informal tour and introductory chat with the Practice Manager – Mrs Victoria Johnson.

Applications and Enquiries to:

Please email your CV with a covering letter to:

Mrs Victoria Johnson – Practice Manager

Aire Valley Surgery, 11 New Road Side, Rawdon, LS19 6DD

Email: v.johnson10@nhs.net

Aire Valley Surgery – Advanced Practitioner

Aire Valley Surgery is a training practice with two sites in at Rawdon, LS19 6DD and in Yeadon LS19 7JN. Everyone works across both sites, and we have a large friendly multidisciplinary team. We are looking for a highly motivated Advanced Practitioner to work as part of our urgent care team.

Working with Advanced Nurse Practitioners, Physicians Associates and several GPs, this role will help the practice to manage same day patients that need assessment and treatment.

Our big practice with a small friendly team approach is increasing capacity due to additional funding from the Additional Roles Reimbursement (ARRS funding). This position will be working only at Aire Valley Surgery, and will be a permanent addition to our clinical team.

Main duties of the job - Advanced Clinical Practice

- a. assess and triage patients, including same day triage, and as appropriate provide definitive treatment (including prescribing medications following policy, patient group directives, NICE (national) and local clinical guidelines and local care pathways) or make necessary referrals to other members of the primary care team;
- b. manage undifferentiated undiagnosed condition and identify red flags and underlying serious pathology and take appropriate action;
- c. use complex decision making to inform the diagnosis, investigation, complete management of episodes of care within a broad scope of practice;
- d. actively take a personalised care approach and population centred care approach to enable shared decision making with the presenting person; and
- e. complete the relevant training in order to provide multi-professional clinical practice and CPD supervision to other roles within primary care, for example first contact practitioners and the personalised care roles.

Applications and Enquiries to:

Please email your CV with a covering letter to:

Mrs Victoria Johnson – Practice Manager

Aire Valley Surgery, 11 New Road Side, Rawdon, LS19 6DD

Email: v.johnson10@nhs.net

NHS Jobs ref: A3532-22-7467

Thornton Medical Centre, Leeds LS12 1JE - Salaried GP (number of sessions negotiable)

to commence March 2023 onwards

- Salary starting from £9500 per session depending on experience
- BMA standard contract, indemnity paid
- Opportunities for career development/portfolio role
- Training practice with support for new trainees
- Daily mid-morning rest break with other GPs, social and supportive practice
- Modern and fully equipped health centre using Systm One
- GMS practice with a list size of over 10,000
- Clinical staff includes 4 GP Partners, 3 Salaried GPs, 3 Practice Nurses, 1 HCA and 2 Phlebotomists who are well supported by a friendly and experienced admin team
- Part of a well run PCN including Pharmacists, Social Prescribers, Frailty Team, Physios, Mens Mental Health
- Core hours 8am – 6pm, no weekend working

Informal enquiries and visits are very welcome.

Apply with a CV and covering letter to our Practice Manager escott@nhs.net

Arthington Medical Centre – Advanced Nurse Practitioner

Arthington Medical Centre is looking to appoint a motivated, enthusiastic, experienced Practitioner to join our friendly clinical team

The Advanced Nurse Practitioner/Advanced Clinical Practitioner will work autonomously within their profession scope of practice providing acute care for patients via face to face, video and telephone consultations and when required, home visits. They will need to provide care for the presenting patient from initial history taking, clinical assessment, diagnosis, treatment and evaluation of care, making necessary referrals for investigations in the appropriate manner.

Closing date – 28th February 2023

Please contact:

Jasvir Kissi or Mena Suri

Jasvir.kissi@nhs.net mena.suri1@nhs.net

Website: [Homepage - Arthington Medical Centre \(arthingtonmedicalcentreleeds.co.uk\)](http://Homepage - Arthington Medical Centre (arthingtonmedicalcentreleeds.co.uk))

NHS Jobs ref : A4011-23-2232

Ashfield & The Grange Medical Centre - GP (Locum Maternity Cover)

Long term locum required 4 sessions Wednesday/Fridays per week immediate start.

Job summary:

The post-holder will manage a caseload and deal with a wide range of health needs in a primary care setting, ensuring the highest standards of care for all registered and temporary patients.

Clinical responsibilities:

- In accordance with the practice timetable, as agreed, the post-holder will make themselves available to undertake a variety of duties, including surgery consultations, telephone consultations, e-consultations, visiting patients at home, checking and signing repeat prescriptions and dealing with queries, paperwork and correspondence in a timely fashion
- Making professional, autonomous decisions in relation to presenting problems, whether self-referred or referred from other health care workers within the organisation
- Assessing the health care needs of patients with undifferentiated and undiagnosed problems
- Screening patients for disease risk factors and early signs of illness
- Developing care plans for health in consultation with patients and in line with current practice disease management protocols
- Providing counselling and health education
- Recording clear and contemporaneous consultation notes to agreed standards
- Collecting data for audit purposes
- Compiling and issuing computer-generated acute and repeat prescriptions (avoiding hand-written prescriptions whenever possible)
- Prescribing in accordance with the practice prescribing formulary (or generically) whenever this is clinically appropriate
- In general, the post-holder will be expected to undertake all the normal duties and responsibilities associated with a GP working within primary care including on call cover and support for trainees.

Closing date 3rd February 2023

For more information on the role, please contact Michaela Guilfoyle, Practice Manager telephone 01132044916 or email practicemanager.ashfield@nhs.net

Central North Leeds PCN Ltd (Based at Shadwell Medical Centre)

Salaried GP (flexible number of sessions) - Salary negotiable.

This is an exciting opportunity to join our growing team at Shadwell, a small single site System One practice in leafy North Leeds. We are seeking GP's who want to offer continuity of care and develop strong professional relationships so that our patients receive excellent care. The practice

is now managed by the PCN and works closely with the other practices in Central North Leeds, one of Leeds largest PCN's. You would be joining a forward thinking, friendly and committed team which is well supported by the PCN clinical director and business manager, plus the wider workforce who are based at the practice, including pharmacists, paramedics, OT's and social prescribers. You would be an active member of the team taking part in weekly practice meetings and be fully involved in decision making and developing the practice strategy. If you are interested in this role and would like further information please contact Lynne Doyle, PCN Business Manager. lynnedoyle@nhs.net

Whitehall Surgery - Salaried GP – 5 – 6 Sessions

Due to a growing list and Maternity Leave we are looking for a Salaried GP / Partner to join our team.

- We are offering 5 – 6 sessions (job share welcome)
- Competitive salary with Defence Subscription
- Thriving practice of approx. 9,000 patients, in new modern building with car park, comprising 4 GP Partners, 2 Salaried GPs, 2 ANPs.
- One of our GP Partners is Clinical Director to the PCN; therefore, we are a very forward-thinking practice
- We are a high achieving, well organised practice and use SystmOne

We have the following in house services for our patients:

- Family planning service providers for both Implants and Coil devices
- Minor surgery including joint injections
- Pharmacy Team including PCN Pharmacist support
- Social Prescribers
- Physio First service
- Mental Health Practitioner

If you are interested in joining our great team, please contact Joanne Woods Practice Manager, Whitehall Surgery, 1st Floor Wortley Beck Health Centre, Ring Road Leeds LS12 5SG.

Email: joanne.woods@nhs.net