

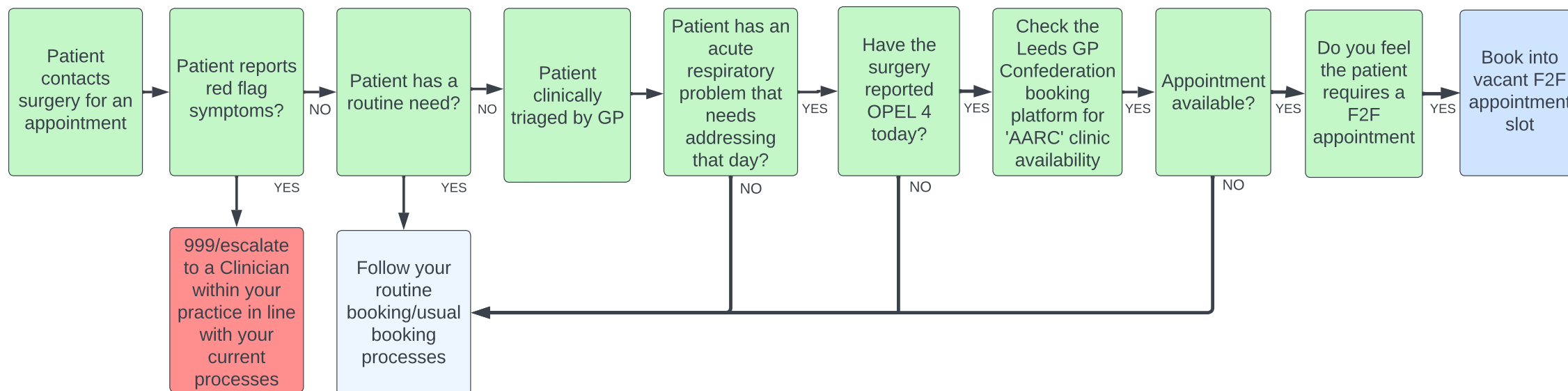
Leeds GP Confederation - Adult Ambulatory Respiratory Clinic (AARC) - OPEL 4

The Adult Ambulatory Respiratory Clinic (AARC) is available for patients contacting a practice who has reported OPEL 4 that day.

ADULT patients with **ACUTE RESPIRATORY** symptoms can be offered a face-to-face **same day** appointment.

The service will be based at St George's Centre, Middleton. Patients **MUST** be registered with a Leeds GP Practice.

The 'AARC' service process is detailed below:



This is an acute respiratory clinic. Therefore patients that are **not suitable** for the AARC service* include:

- Patients without acute respiratory symptoms
- Patients <16 years old
- Patients whose practice is not reporting OPEL 4
- Housebound patients
- Routine respiratory LTC reviews
- Any of the **Red Flags** listed here

*via this pathway

Red Flag symptoms include:

- Chest Pain
- Acute Shortness of breath
- So short of breath the patient cannot speak in full sentences
- Non-blanching rashes
- Patients with symptoms of a Stroke - facial droop, slurred speech, limb weakness
- Patients with altered levels of consciousness
- Collapse
- Suicidal thoughts or expressing thoughts of self harm
- Sudden onset or severe headache
- Severe pain



Where a patient requires an interpreter - a double appointment must be booked

Where a patient would ordinarily require a double appointment - a double appointment must be booked